








**SCOTTISH HYDRO ELECTRIC NATIONAL LEAGUE DIVISION 3**














**RESULTS - 2008-9**










**Saturday, 30 August 2008**

15:00		Allan Glen's	15 : 36		Trinity Accies
15:00		Marr	12 : 52		Lasswade
15:00		Gordonians	7 : 14		Lismore
15:00		Helensburgh	15 : 15		Waysiders
15:00		Ross High	16 : 20		Lenzie
15:00		Stags	5 : 38		Strathmore




**Saturday, 06 September 2008**

15:00		Waysiders	22 : 17		Marr
15:00		Trinity Accies	14 : 12		Helensburgh
15:00		Lasswade	54 : 3		Stags
15:00		Strathmore	76 : 0		Ross High
15:00		Lismore	7 : 15		Allan Glen's
15:00		Lenzie	19 : 15		Gordonians











**Saturday, 13 September 2008**

15:00		Ross High	0 : 88		Lasswade
15:00		Trinity Accies	30 : 10		Lismore
15:00		Stags	3 : 22		Waysiders
15:00		Allan Glen's	12 : 13		Lenzie
15:00		Helensburgh	21 : 3		Marr
15:00		Gordonians	17 : 12		Strathmore













**Saturday, 20 September 2008**

15:00		Strathmore	39 : 17		Allan Glen's
15:00		Lasswade	51 : 3		Gordonians
15:00		Lenzie	14 : 6		Trinity Accies
15:00		Lismore	12 : 5		Helensburgh
15:00		Marr	45 : 0		Stags
15:00		Waysiders	22 : 22		Ross High














**Saturday, 27 September 2008**

15:00		Trinity Accies	12 : 37		Strathmore
15:00		Helensburgh	53 : 5		Stags
15:00		Allan Glen's	20 : 46		Lasswade
15:00		Gordonians	0 : 14		Waysiders
15:00		Lismore	12 : 17		Lenzie
15:00		Ross High	16 : 13		Marr


**Saturday, 04 October 2008**

15:00		Strathmore	16 : 6		Lismore
15:00		Stags	5 : 28		Ross High
15:00		Waysiders	22 : 20		Allan Glen's
15:00		Marr	23 : 16		Gordonians
15:00		Lasswade	22 : 16		Trinity Accies
15:00		Lenzie	5 : 5		Helensburgh
















**Saturday, 11 October 2008**

15:00		Allan Glen's	34 : 20		Marr
 15:00		Lenzie	- : -		Strathmore
15:00		Gordonians	22 : 7		Stags
15:00		Lismore	0 : 15		Lasswade
15:00		Helensburgh	25 : 10		Ross High
15:00		Trinity Accies	23 : 3		Waysiders















**Saturday, 18 October 2008**

15:00		Marr	12 : 15		Trinity Accies
15:00		Strathmore	16 : 19		Helensburgh
 15:00		Waysiders	- : -		Lismore
15:00		Lasswade	17 : 3		Lenzie
15:00		Stags	13 : 20		Allan Glen's
15:00		Ross High	55 : 21		Gordonians











**Saturday, 25 October 2008**

15:00		Lismore	19 : 15		Marr
15:00		Trinity Accies	39 : 0		Stags
15:00		Strathmore	12 : 14		Lasswade
 15:00		Allan Glen's	- : -		Ross High
 15:00		Lenzie	- : -		Waysiders
 15:00		Helensburgh	- : -		Gordonians


**Saturday, 01 November 2008**

14:00		Marr	18 : 15		Lenzie
14:00		Gordonians	17 : 18		Allan Glen's
14:00		Waysiders	31 : 3		Strathmore
 14:00		Ross High	- : -		Trinity Accies
 14:00		Helensburgh	- : -		Lasswade
14:00		Stags	3 : 33		Lismore

**Saturday, 08 November 2008**


14:00		Trinity Accies	11 : 12		Gordonians
14:00		Strathmore	34 : 19		Marr
14:00		Allan Glen's	29 : 5		Helensburgh
14:00		Lenzie	11 : 12		Stags
14:00		Lismore	13 : 39		Ross High
14:00		Lasswade	27 : 7		Waysiders

**Sunday, 16 November 2008**














14:00		Lenzie	14 : 3		Strathmore
 15:00		Allan Glen's	22 : 10		Ross High
 15:00		Helensburgh	5 : 6		Gordonians
 15:00		Waysiders	- : -		Lismore

**Saturday, 22 November 2008**



















12:15		Waysiders	20 : 8		Helensburgh
12:15		Lenzie	14 : 23		Ross High

	12:15		Strathmore	- : -		Stags
	12:15		Trinity Accies	20 : 21		Allan Glen's
	12:15		Lasswade	33 : 19		Marr
	12:15		Lismore	6 : 10		Gordonians



**Saturday, 29 November 2008**

	14:00		Ross High	23 : 3		Strathmore
	14:00		Allan Glen's	27 : 7		Lismore
	14:00		Gordonians	- : -		Lenzie
	14:00		Marr	23 : 0		Waysiders
	14:00		Helensburgh	9 : 14		Trinity Accies
	14:00		Stags	3 : 19		Lasswade



**Saturday, 06 December 2008**

	14:00		Waysiders	- : -		Stags
	14:00		Lenzie	- : -		Allan Glen's
	14:00		Marr	- : -		Helensburgh
	14:00		Strathmore	- : -		Gordonians
	14:00		Lasswade	- : -		Ross High
	14:00		Lismore	- : -		Trinity Accies















**Saturday, 13 December 2008**

	14:00		Helensburgh	25 : 0		Lismore
	14:00		Stags	19 : 11		Marr
	14:00		Ross High	6 : 10		Waysiders
	14:00		Allan Glen's	14 : 0		Strathmore
	14:00		Gordonians	0 : 44		Lasswade
	14:00		Trinity Accies	- : -		Lenzie

**Saturday, 17 January 2009**

	14:00		Waysiders	22 : 0		Gordonians
	14:00		Lenzie	20 : 3		Lismore
	14:00		Marr	17 : 12		Ross High
	14:00		Strathmore	0 : 10		Trinity Accies
	14:00		Stags	- : -		Helensburgh
	14:00		Lasswade	41 : 10		Allan Glen's

**Saturday, 24 January 2009**



















	14:00		Allan Glen's	- : -		Waysiders
	14:00		Gordonians	19 : 22		Marr
	14:00		Trinity Accies	- : -		Lasswade
	14:00		Helensburgh	10 : 10		Lenzie
	14:00		Lismore	12 : 14		Strathmore
	14:00		Ross High	30 : 27		Stags

**Saturday, 31 January 2009**


	15:00		Lasswade	43 : 5		Lismore
	15:00		Ross High	17 : 10		Helensburgh
	15:00		Waysiders	12 : 7		Trinity Accies

15:00		Marr	14 : 10		Allan Glen's
15:00		Strathmore	9 : 3		Lenzie
15:00		Stags	11 : 29		Gordonians

**Saturday, 07 February 2009**

	15:00		Lenzie	- : -		Lasswade
	15:00		Allan Glen's	- : -		Stags
	15:00		Gordonians	- : -		Ross High
	15:00		Trinity Accies	- : -		Marr
	15:00		Helensburgh	- : -		Strathmore
	15:00		Lismore	- : -		Waysiders



















**Saturday, 14 February 2009**

	15:00		Strathmore	- : -		Stags
	15:00		Ross High	- : -		Trinity Accies
	15:00		Helensburgh	- : -		Lasswade
	15:00		Lenzie	- : -		Waysiders
	15:00		Allan Glen's	- : -		Waysiders













**Saturday, 21 February 2009**

	15:00		Gordonians	- : -		Lenzie
	15:00		Waysiders	33 : 3		Lismore
	15:00		Lasswade	- : -		Ross High
	15:00		Marr	- : -		Helensburgh












**Sunday, 01 March 2009**




















	15:00		Strathmore	- : -		Gordonians
	15:00		Lismore	- : -		Trinity Accies
	15:00		Waysiders	- : -		Stags
	15:00		Lenzie	- : -		Allan Glen's
	15:00		Helensburgh	- : -		Lasswade
	15:00		Ross High	- : -		Trinity Accies

**Saturday, 07 March 2009**

15:00		Lasswade	34 : 6		Strathmore
15:00		Ross High	21 : 49		Allan Glen's
15:00		Waysiders	26 : 16		Lenzie
15:00		Gordonians	15 : 6		Helensburgh
15:00		Marr	32 : 7		Lismore
15:00		Stags	0 : 41		Trinity Accies

**Saturday, 14 March 2009**

13:00		Lismore	29 : 3		Stags	
14:30		Trinity Accies	33 : 0		Ross High	
14:30		Lasswade	22 : 14		Helensburgh	
	14:30		Lenzie	- : -		Marr
14:30		Allan Glen's	15 : 10		Gordonians	
14:30		Strathmore	21 : 22		Waysiders	

	
<b>Thursday, 19 March 2009</b>	
 19:30  Lasswade	52 : 10  Ross High
<b>Saturday, 21 March 2009</b>	
 12:30  Strathmore	29 : 5  Stags
 15:00  Trinity Accies	11 : 11  Lenzie
 15:00  Allan Glen's	50 : 5  Waysiders
 15:00  Marr	16 : 15  Helensburgh
 15:00  Lasswade	- : -  Ross High
 15:00  Waysiders	- : -  Lismore
<b>Saturday, 28 March 2009</b>	
15:00  Stags	13 : 36  Lenzie
15:00  Ross High	37 : 27  Lismore
15:00  Waysiders	12 : 34  Lasswade
15:00  Gordonians	3 : 9  Trinity Accies
15:00  Marr	46 : 10  Strathmore
15:00  Helensburgh	34 : 24  Allan Glen's
<b>Saturday, 04 April 2009</b>	
 15:00  Gordonians	43 : 5  Ross High
 15:00  Lenzie	16 : 24  Waysiders
 15:00  Stags	12 : 59  Helensburgh
<b>Saturday, 11 April 2009</b>	
 15:00  Helensburgh	21 : 0  Strathmore
 15:00  Trinity Accies	11 : 5  Lasswade
 15:00  Waysiders	74 : 0  Stags
 15:00  Gordonians	41 : 0  Lenzie
<b>Saturday, 18 April 2009</b>	
 15:00  Strathmore	7 : 15  Gordonians
 15:00  Allan Glen's	104 : 0  Stags
 15:00  Trinity Accies	15 : 12  Marr
 15:00  Lismore	10 : 29  Waysiders
 15:00  Lenzie	11 : 5  Lasswade
<b>Wednesday, 22 April 2009</b>	
 18:30  Lismore	0 : 43  Trinity Accies
<b>Saturday, 25 April 2009</b>	
 15:00  Lenzie	20 : 23  Allan Glen's
 15:00  Helensburgh	13 : 3  Lasswade
<b>Saturday, 02 May 2009</b>	
 15:00  Lenzie	19 : 25  Marr
 15:00  Ross High	15 : 6  Trinity Accies

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[LEAGUE TABLE](#)

Position	Team	Played	W	D	L	F : A	Diff.	Bonus	Points
1	Lasswade RFC	22	19	0	3	721:190	531	16	92
2	Waysiders Drumpellier RFC	22	15	2	5	447:324	123	7	71
3	Trinity Academicals RFC	22	14	1	7	422:225	197	10	68
4	Allan Glen's RFC	22	14	0	8	569:400	169	9	65
5	Marr RFC	22	11	0	11	434:403	31	9	53
6	Helensburgh RFC	22	9	3	10	389:268	121	10	52
7	Gordonians RFC	22	10	0	12	321:376	-55	9	49
8	Ross High RFC	22	10	1	11	395:596	-201	7	49
9	Lenzie RFC	22	9	3	10	307:329	-22	6	48
10	Strathmore RFC	22	9	0	13	385:359	26	10	46
11	Lismore RFC	22	5	0	17	235:478	-243	5	25
12	Grangemouth Stags RFC	22	2	0	20	149:826	-677	3	11

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